

ADHIA & ASSOCIATES

FORENSIC PSYCHIATRY

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SANJAY ADHIA, M.D., MRO

Board-Certified in Psychiatry
Board-Certified in Forensic Psychiatry
Board-Certified in Brain Injury Medicine
American Board of Psychiatry and Neurology

MD@AAMEDLEGAL.COM

Houston Metropolitan Area

KERRY MENDES, M.D.

Board-Certified in Psychiatry
Board-Certified in Forensic Psychiatry
American Board of Psychiatry and Neurology
Fellowship-Trained Child & Adolescent Psychiatrist

KM@AAMEDLEGAL.COM

Sanjay Adhia, M.D., MRO Curriculum Vitae

Medical Licensure

Texas Medical License, Board of Medical Examiners, Lic. Q0720

Board-Certification

Board Certified in Psychiatry, American Board of Psychiatry and Neurology (Certificate #67625) (2014-Current)

Board-Certified in Forensic Psychiatry, American Board of Psychiatry and Neurology (Certificate #2127) (2015-Current)

Board-Certified in Brain Injury Medicine, American Board of Psychiatry and Neurology (Certificate #101), (2018-Current)

Other Certifications and Licenses

Medical Review Officer (MRO), Medical Review Officers Certification Council, (2020-Current)

Florida Medical Doctor Expert Witness License #7683 (2020-Current) (Not a medical license.)

Buprenorphine Waiver, U.S. Department of Health and Human Services, SAMHSA, to prescribe and treat Opioid Use Disorders with Buprenorphine (2018-Current)

Academic Appointments

Assistant Professor of Psychiatry, University of Texas Health and Science Center and Forensic Psychiatry mentor to Psychiatric residents (2019-current)

Assistant Professor of Psychiatry, University of Texas Medical Branch (UTMB) (2016-2018)

Assistant Professor of Psychiatry, University of Texas Health and Science Center
(2012-2013, 2015-2016)

Professional Experience

Sanjay Adhia, M.D., PA and dba Adhia & Associates. Forensic Psychiatrist in private practice individually and with its practice group (2014-Present)

Independent Contractor for Fpamed Forensic Psychiatric Associates, LP (2020-Present)

Psychiatry Consultant treating brain, stroke and spinal cord injury patients, The Institute of Rehabilitation and Research (TIIR) Memorial Hermann (2019-current)

Staff Psychiatrist, Avenue 360 Health & Wellness (an FQHC clinic treating the Homeless, LGBTQ, Substance Use Disorders, & those with HIV) (2020-current)

Previous Positions

Medical Director, PACE Mental Health Clinic, Sugar Land, TX (2018-2019)

3Psychiatrist, U.S. District Court, Southern District, Houston, TX (2018-2019)

Psychiatrist, UTMB-CMC Jester IV Prison Hospital, Richmond, TX (2016-2018)

Attending Psychiatrist, University of Texas Harris County Psychiatric Center, Competency Restoration Unit, Houston, TX (2015-2016)

Psychiatrist, Texas State Department of Aging and Disability Services (IDD and Autism), SSLC, Richmond, TX (2014)

Inpatient Attending Psychiatrist. University of Texas Harris County Psychiatric Center, Houston, TX (2012-2013)

Government Appointments

Appointment to Governor's Advisory Committee to the Texas Board of Criminal Justice on Offenders with Medical or Mental Impairments.

Appointed and confirmed by the Texas State Senate (2019)

Reappointed and confirmed by Texas State Senate (2021)

Additional appointment to the Geriatric Sub-Committee

Volunteer

Physicians for Human Rights – Asylum Network conducting pro-bono IMEs

DAYA Houston, pro-bono IMEs for Asian victims of domestic abuse

Program for Immigrant & Refugee Child Health, Baylor College of Medicine, pro-bono IMEs

Fort Bend County District Attorney Community Engagement Working Group

Professional Affiliations

American Psychiatric Association

American Academy of Psychiatry and the Law; Forensic Neuropsychiatry Committee,
Media Committee and Human Rights & National Security Committee

International Society for Traumatic Stress Studies

Physicians for Human Rights - Asylum Network

Brain Injury Association of America

Government Contracts

U.S. Department of Defense

Federal Courts

U.S. Federal CAGE, SAM and DUNS

Education

Forensic Psychiatry Fellowship, Oregon Health & Science University, Portland, Oregon
(2014)

Psychiatry Residency, University of Texas HSC, Houston, Texas (2012)

Psychiatry Internship, University of Kansas Medical Center, Kansas City, KS Kansas
(2009)

Doctor of Medicine, M.S. Ramaiah Medical College (2004)

Awards and Honors

Editor-In-Chief of Brain Injury Medicine - Stat Pearls

Ranked #1, Psychiatry Residency In-Service (PRITE) 2010

Presentations

2012 *Treatment-Resistant Depression* Grand Rounds, University of Texas Health Science Center, 2012, Houston, Texas

2014 *Psychiatry 101* Lecture, Willamette University College of Law, Salem Oregon

2014 *Introduction to Forensic Psychiatry* Lecture, Willamette University College of Law, Salem, Oregon

2015 *Forensic Psychiatry: An Introduction* Resident Lecture, University of Texas Health Science Center, May 2015, Houston, Texas

2015 *Civil Forensic Psychiatry* Resident Lecture, University of Texas Health Science Center, May 2015, Houston, Texas

2017 *Clinical Decision Making, Non-Emergency Compelled Medications*, 6th International Conference on Forensic Research & Technology, September 2017, Houston, Texas

2020 *Forensic Psychiatry: An Introduction* Resident Lecture, University of Texas Health Science Center, July 2020, Houston, Texas

2020 *Bad Medicine: Psychiatric Malpractice*, Houston Psychiatric Society, November 2020, Houston, Texas

2020 *Bad Medicine: Psychiatric Malpractice*, Resident Lecture, University of Texas Health Science Center, Houston, Texas, December 2020, Houston, Texas

Publications

Naras Bhat, M.D., FACP, Sanjay Adhia, How to Reverse and Prevent Heart Disease and Cancer, 1994

Tyler Durns, MD; Austin W. Blum, MD, JD; and Sanjay G. Adhia, MD, *fMRI in the Courtroom: A (Very Brief) Overview*, American Academy of Psychiatry and the Law Newsletter, Spring 2021

Research

Cedars-Sinai Medical Center Role of Massage on Depression Study, 2006

CHAI Study, Coronary artery disease among Houston Asian Indians, 2005

Carpal Tunnel Glove, Biofeedback and EMG Research, 1996

Media Appearances

Robb Elementary School Shooting, Uvalde, Texas, KHOU Houston (CBS). Interview with Dr. Adhia about mental health factors and the Planning Phase of a Mass Shooter before acting. May 25, 2022.

Thread of Evidence, an America Out Loud Nationwide Podcast. Interview about PTSD “The Psychology and Law of Post-Traumatic Stress Disorder”. Hosted by Joni Johnston, PsyD, Forensic Psychologist, Commentator and PI. February 2020.

Houston Chronicle. “Heidi Broussard case: Experts explain the ‘maternal desire’ psychology behind baby kidnapping.” Interview with Hannah Dellinger. January 2020.

Austin Statesman. “Heidi Broussard: Why Would Someone Take a Baby?” by Lara Korte. Interview with Dr. Adhia. December 2019.

Date Rape Drugs: Expert Comments on Unreliable Tests, Impact on Prosecution. Interview with Nick Rishwain in Experts-blog. Experts.com. April 2019.

Coerced Suicide: Forensic Psychiatry Expert Witness Details Murder by Proxy. Urtula suicide case. Dr. Adhia interviewed by Nick Rishwain in experts-blog. Experts.com. November 2019.

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